

# Rogers Public Schools

## SECONDARY BREAKFAST CHOICES

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Nov 13, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3 "BUILD YOUR BREAKFAST PANCAKES & SAUSAGE SYRUP SAUSAGE BISCUIT LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT ASSORT NUTRIGRAIN BA VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRUIT CUP MILK choice	Dec - 4 "BUILD YOUR BREAKFAST TROPICAL TREAT SMOOT SAUSAGE BISCUIT BREAKFAST PIZZA BAGEL LRG BOWL CEREAL VARI TRIX YOGURT ASSORT NUTRIGRAIN BA BAGEL & CREAM CHS VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRESH FRUIT BOWL MILK choice	Dec - 5 "BUILD YOUR BREAKFAST PANCAKE/SAUS STICK SYRUP SAUSAGE BISCUIT BACON SCRAMBLE BREAKFAST PIZZA LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT FILLED BAGEL BITES VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRUIT CUP MILK choice	Dec - 6 "BUILD YOUR BREAKFAST FRUIT & YOGURT PARFAI BACON, EGG AND CHEESE CROISSANT SAUS & CHEESE BRK SAN LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT MINI BREAKFAST BUN VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRESH FRUIT BOWL MILK choice	Dec - 7 "BUILD YOUR BREAKFAST PURPLE COW SMOOTHIE BREAKFAST PIZZA BAGEL LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT GLAZED MINI-BITES VARIETY MUFFINS FRUIT JUICE FRUIT CUP MILK choice
Dec - 10 "BUILD YOUR BREAKFAST HAM,EGG&CHEESE BRKFST SANDWICH PANCAKE/SAUS STICK BACON SCRAMBLE BREAKFAST PIZZA LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT ASSORT NUTRIGRAIN BA VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRUIT CUP MILK choice	Dec - 11 "BUILD YOUR BREAKFAST JUST PEACHEY SMOOTHI BREAKFAST PIZZA BAGEL LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT PILLSBURY APPLE FRUDEL VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRESH FRUIT BOWL MILK choice	Dec - 12 "BUILD YOUR BREAKFAST CHEESEY EGGS BISCUIT & SAUS GRAVY BACON SCRAMBLE BREAKFAST PIZZA BAGEL & CREAM CHS LRG BOWL CEREAL VARI TRIX YOGURT MINI-CINNIS WG Pull-apart cinn rolls VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRUIT CUP MILK choice	Dec - 13 "BUILD YOUR BREAKFAST FRUIT & YOGURT PARFAI BACON, EGG AND CHEESE CROISSANT SAUSAGE BISCUIT LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT FILLED CRESCENT ROLL VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRESH FRUIT BOWL MILK choice	Dec - 14 "BUILD YOUR BREAKFAST PURPLE COW SMOOTHIE SAUSAGE BISCUIT LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT VARIETY MUFFINS GLAZED MINI-BITES FRUIT JUICE FRUIT CUP MILK choice
Dec - 17 "BUILD YOUR BREAKFAST PANCAKES & SAUSAGE SYRUP SAUSAGE BISCUIT LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT ASSORT NUTRIGRAIN BA VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRUIT CUP MILK choice	Dec - 18 "BUILD YOUR BREAKFAST PURPLE COW SMOOTHIE SAUSAGE BISCUIT BAGEL & CREAM CHS LRG BOWL CEREAL VARI PILLSBURY CHERRY FRUDEL TRIX YOGURT VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRESH FRUIT BOWL MILK choice	Dec - 19 "BUILD YOUR BREAKFAST CHEESEY EGGS LINK SAUSAGE TATER GEMS BUTTERMILK BISCUIT BAGEL & CREAM CHS LRG BOWL CEREAL VARI MINI BREAKFAST BUN TRIX YOGURT ASSORT NUTRIGRAIN BA VARIETY MUFFINS FRUIT JUICE FRUIT CUP MILK choice	Dec - 20 "BUILD YOUR BREAKFAST FRUIT & YOGURT PARFAI SAUSAGE BISCUIT BACON, EGG AND CHEESE CROISSANT LRG BOWL CEREAL VARI BAGEL & CREAM CHS TRIX YOGURT PILLSBURY APPLE FRUDEL VARIETY MUFFINS WG BREAKFAST ROUND FRUIT JUICE FRESH FRUIT BOWL MILK choice	Dec - 21 "BUILD YOUR BREAKFAST TROPICAL TREAT SMOOT BACON SCRAMBLE BREAKFAST PIZZA SAUSAGE BISCUIT LRG BOWL CEREAL VARI BAGEL & CREAM CHS FILLED CRESCENT ROLL VARIETY MUFFINS FRUIT JUICE FRUIT CUP MILK choice
Dec - 24 NO SCHOOL TODAY	Dec - 25 HOLIDAY	Dec - 26 NO SCHOOL TODAY	Dec - 27 NO SCHOOL TODAY	Dec - 28 NO SCHOOL TODAY
Dec - 31 NO SCHOOL TODAY				

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**