

# Rogers Public Schools

## PRE-K LUNCH MENU

Nov 13, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3  CHARBROIL BURGER LETTUCE&PICKLE CUP KRINKLE FRIES MIXED VEGETABLES ORANGE WEDGES-6 KETCHUP MUSTARD PKT 1% MILK	Dec - 4  CHICKEN TAQUITOS QUESO BLANCO BROCCOLI SPEARS GARDEN SALAD FROZEN JUICE TREAT 1% MILK	Dec - 5  TOASTED CHEESE SAND CREAM OF TOMATO SOU CHEEZ-IT WG CRACKERS BABY CARROTS and CELERY STICKS RANCH DRESSING FRUIT CUP 1% MILK	Dec - 6  WG CHICKEN NUGGETS MASHED POTATOES SWEET CORN FRUIT CUP CHOCOLATE BEAR GRAHAM KETCHUP 1% MILK	Dec - 7  CHEESE PIZZA SLICE SEASONED GREEN BEAN FRUIT CUP 1% MILK
Dec - 10  WG MINI CORN DOGS KRINKLE FRIES BABY CARROTS and CELERY STICKS KETCHUP MUSTARD PKT RANCH DRESSING FROZEN JUICE TREAT 1% MILK	Dec - 11  TINY TACOS TACO TOPPERS CORN with PEPPERS FRUIT CUP 1% MILK	Dec - 12  SPAGHETTI & MEAT SAU BREADSTICK MIXED VEGETABLES FRUIT CUP 1% MILK	Dec - 13  WG FISH STIX SEASONED GREEN BEAN APPLE WEDGES KETCHUP VANILLA BEAR GRAHAM 1% MILK	Dec - 14  CHEESE PIZZA SLICE BROCCOLI SPEARS FRUIT CUP 1% MILK
Dec - 17  WG CHICKEN NUGGETS KRINKLE FRIES SWEET CORN FRUIT CUP KETCHUP 1% MILK	Dec - 18  BBQ RIB HOAGIE MIXED VEGETABLES RANCH DRESSING FRUIT CUP 1% MILK	Dec - 19  MAC & CHEESE BROCCOLI SPEARS WHEAT ROLL FRUIT CUP MILK choice	Dec - 20  HOLIDAY LUNCH BAKED HAM WITH PINAPPLE GLAZE BROCC, CHEESE & RICE CASSEROLE GARLIC KNOT VEG MEDLEY (brocc,caulif,carrots) BBERRY,PEACH &BANAN FRUIT CUP HOLIDAY COOKIE MILK choice	Dec - 21  CHEESE PIZZA SLICE SEASONED GREEN BEAN FRUIT CUP 1% MILK  <p style="text-align: center; color: red;"><b>HAPPY HOLIDAYS!</b> <b>SEE YOU IN 2019!</b></p>

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.