

Rogers Public Schools

K-5 BREAKFAST CHOICE MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1 NO SCHOOL TODAY	Jan - 2 NO SCHOOL TODAY	Jan - 3 HOLIDAY	Jan - 4 NO SCHOOL TODAY
Jan - 7 NO SCHOOL TODAY	Jan - 8 BREAKFAST PIZZA BAGEL STRAWBERRY CUP FRUIT JUICE MILK choice ALTERNATE GLZ CINN BUN	Jan - 9 WG, CEREAL VARIETY CINNAMON CRISPY FRUIT JUICE BANANAS MILK choice ALTERNATE SAUSAGE BISCUIT	Jan - 10 FRUIT & YOGURT PARFAI FRUIT JUICE FRESH FRUIT BOWL MILK choice ALTERNATE MORNING SAUS ROLL CINNAMON CRISPY CRAISINS	Jan - 11 WG, CEREAL VARIETY VARIETY MUFFINS FRUIT JUICE FRUIT SQUEEZY MILK choice ALTERNATE PANCAKE/SAUS STICK
Jan - 14 WG, CEREAL VARIETY NUTRI-GRAIN BAR STRAWBERRY FLAVORED RAISINS FRUIT JUICE MILK choice ALTERNATE FILLED BAGEL BITES	Jan - 15 BRKFAST BREAD FRUIT SQUEEZY FRUIT JUICE MILK choice ALTERNATE MINI SAUSAGE BISCUITS	Jan - 16 WG, CEREAL VARIETY TRIX YOGURT FRUIT JUICE BANANAS MILK choice ALTERNATE PILLSBURY CHERRY FRUDEL	Jan - 17 BACON SCRAMBLE BREAKFAST PIZZA FRUIT JUICE STRAWBERRY CUP MILK choice ALTERNATE GLAZED MINI-BITES	Jan - 18 WG, CEREAL VARIETY VANILLA BEAR GRAHAM FRUIT JUICE APPLES, Fresh MILK choice ALTERNATE MINI PANCAKES, MAPLE
Jan - 21 NO SCHOOL TODAY	Jan - 22 PILLSBURY CHERRY FRUDEL FLAVORED RAISINS FRUIT JUICE MILK choice ALTERNATE PUMPKIN BREAD	Jan - 23 WG, CEREAL VARIETY CINNAMON CRISPY FRUIT JUICE BANANAS MILK choice ALTERNATE STRAWBERRY MUFFIN	Jan - 24 FRUIT & YOGURT PARFAI FRUIT JUICE MILK choice ALTERNATE SAUS & CHEESE BRK SAN CRAISINS	Jan - 25 WG, CEREAL VARIETY VARIETY MUFFINS FRUIT JUICE FRUIT SQUEEZY MILK choice ALTERNATE PANCAKE/SAUS STICK
Jan - 28 WG, CEREAL VARIETY NUTRI-GRAIN BAR STRAWBERRY CRAISINS FRUIT JUICE MILK choice ALTERNATE FILLED BAGEL BITES	Jan - 29 BRKFAST BREAD FRUIT SQUEEZY FRUIT JUICE MILK choice ALTERNATE MINI SAUSAGE BISCUITS	Jan - 30 WG, CEREAL VARIETY TRIX YOGURT FRUIT JUICE BANANAS MILK choice ALTERNATE PILLSBURY CHERRY FRUDEL	Jan - 31 BACON SCRAMBLE BREAKFAST PIZZA FRUIT JUICE FRUIT SQUEEZY MILK choice ALTERNATE GLAZED MINI-BITES	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.