

# Rogers Public Schools

## PRE-K BREAKFAST MENU

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday  |
|---|--|---|---|---|
| Jan - 2<br>WINTER BREAK   | Jan - 3<br>NO SCHOOL TODAY   | Jan - 4<br>WG, CEREAL VARIETY<br>VARIETY MUFFINS<br>FRUIT JUICE<br>1% MILK  | Jan - 5<br>BREAKFAST PIZZA<br>FRUIT JUICE<br>1% MILK        | Jan - 6<br>WG, CEREAL VARIETY<br>GRAHAM CRACKERS<br>FRUIT JUICE<br>1% MILK        |
| Jan - 9<br>WG, CEREAL VARIETY<br>GRAHAM CRACKERS<br>FRUIT JUICE<br>1% MILK                | Jan - 10<br>EGG & CHEESE WRAP<br>FRUIT JUICE<br>1% MILK                    | Jan - 11<br>WG, CEREAL VARIETY<br>GRAHAM CRACKERS<br>FRUIT JUICE<br>1% MILK | Jan - 12<br>MORNING SAUS ROLL<br>FRUIT JUICE<br>1% MILK     | Jan - 13<br>WG, CEREAL VARIETY<br>ASSORT NUTRIGRAIN BA<br>FRUIT JUICE<br>1% MILK  |
| Jan - 16<br>NO SCHOOL TODAY   | Jan - 17<br>FRENCH TOAST STIX<br>FRUIT JUICE<br>1% MILK                    | Jan - 18<br>FRUIT & YOGURT PARFAI<br>FRUIT JUICE<br>1% MILK                 | Jan - 19<br>BREAKFAST PIZZA<br>FRUIT JUICE<br>1% MILK       | Jan - 20<br>GLAZED MINI-BITES<br>FRUIT JUICE<br>1% MILK                           |
| Jan - 23<br>WG, CEREAL VARIETY<br>GRAHAM CRACKERS<br>FRUIT JUICE<br>1% MILK               | Jan - 24<br>MORNING SAUS ROLL<br>FRUIT JUICE<br>1% MILK                    | Jan - 25<br>WG, CEREAL VARIETY<br>VARIETY MUFFINS<br>FRUIT JUICE<br>1% MILK | Jan - 26<br>MINI SAUSAGE BISCUITS<br>FRUIT JUICE<br>1% MILK | Jan - 27<br>WG, CEREAL VARIETY<br>CEREAL BAR, APPLE CIN<br>FRUIT JUICE<br>1% MILK |
| Jan - 30<br>WG, CEREAL VARIETY<br>APPLE CINNAMON<br>BEAR GRAHAM<br>FRUIT JUICE<br>1% MILK | Jan - 31<br>CHEESE OMELET<br>STRAWBERRY DINO GRA<br>FRUIT JUICE<br>1% MILK |   |   |   |

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*