

Rogers Public Schools

PRE-K LUNCH MENU

Feb 22, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
		Mar - 1 CRISPY CHICKEN SAND POTATO SALAD BAKED CHIPS BABY CARROTS W/ RANCH APPLESAUCE MAYO PKT 1% MILK	Mar - 2 BEEF FINGERS MASHED POTATOES BROWN GRAVY BROCCOLI SPEARS Wheat Roll CHOICE OF FRUIT 1% MILK	Mar - 3 CHEESE NACHOS SWEET CORN BABY CARROTS and CELERY STICKS RANCH DRESSING CHOICE OF FRUIT "HAPPY BIRTHDAY" ICE CREAM TREAT 1% MILK
Mar - 6 ALL BEEF HOT DOG BAKED CHIPS CUCUMBERS /TOMATOES RANCH DRESSING CHOICE OF FRUIT KETCHUP \$ MUSTARD 1% MILK	Mar - 7 GLAZED CHICKEN DRUMSTICK BBQ SAUCE Wheat Roll SEASONED GREEN BEAN BROCC & CARROT DIPPERS CHOICE OF FRUIT 1% MILK	Mar - 8 CHICKEN FAJITA SOFT TACO SOUTHWESTERN PINTO BEANS SWEET CORN CHOICE OF FRUIT 1% MILK	Mar - 9 PORK FRITTER MASHED POTATOES Wheat Roll GARDEN SALAD RANCH DRESSING CHOICE OF FRUIT 1% MILK	Mar - 10 WG CHEESE PIZZA SWEET CORN FRESH EDAMAME CHOICE OF FRUIT 1% MILK
Mar - 13 CHARBROIL BURGER KETCHUP \$ MUSTARD SANDWICH SALAD CUP PICKLE SLICES SEAS POTATO WEDGES CHOICE OF FRUIT 1% MILK	Mar - 14 CRISPY CHICKEN SAND PICKLE SPEAR BABY CARROTS GARDEN SALAD LOW FAT RANCH DRESSI MAYO PKT MUSTARD PKT ORANGE WEDGES-6 1% MILK	Mar - 15 CRUNCHY TACOS CORN with PEPPERS PINEAPPLE CHUNKS 1% MILK	Mar - 16 WG CHICKEN NUGGETS BBQ SAUCE KRINKLE FRIES CUCUMBERS /TOMATOES RANCH DRESSING CHOICE OF FRUIT 1% MILK	Mar - 17 WG CHEESE PIZZA SEASONED GREEN BEAN APPLE WEDGES 1% MILK
Mar - 20 SPRING BREAK	Mar - 21 SPRING BREAK	Mar - 22 SPRING BREAK	Mar - 23 SPRING BREAK	Mar - 24 SPRING BREAK
Mar - 27 NO SCHOOL TODAY	Mar - 28 WG MINI CORN DOGS SEASONED POTATO STIX KETCHUP MUSTARD PKT PORK AND BEANS CHOICE OF FRUIT 1% MILK	Mar - 29 CHICKEN TAQUITOS NACHO CHEESE SAUCE () SOUTHWESTERN PINTO BEANS "MADE FRESH" SALSA COLESLAW CHOICE OF FRUIT 1% MILK	Mar - 30 BAKED LASAGNA BREADSTICK BROCCOLI SPEARS APPLE WEDGES 1% MILK	Mar - 31 WG CHEESE PIZZA VEG MEDLEY (brocc,caulif,carrots) BABY CARROTS W/ RANCH CHOICE OF FRUIT 1% MILK

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.